CLASSIC EVEREST TREKKING

Trip Overview

The region on “top of the world”, Mt. Everest-Sagarmatha in Nepali and Chomolungma in Tibetan-is one of the most popular destinations for trekkers, explorers, and climbers. As well as the world’s highest mountain, it is also famous for its magnificent scenery, Sherpa villages, the fascinating cultural life of the people, and beautiful monasteries.

Treks in this area can be as short as 5 days or longer than a month depending on your fitness, interest, and the time you have available. The treks to Everest Base Camp, Kalapathar, and Gokyo Lake treks are very popular. For those people who are interested in wildlife, a further attraction is Sagarmatha National Park. The route passes through spectacular forests of blooming rhododendron in March/ April, as well as forests of blue pine, fir, and juniper.

Gallery

Trip Itinerary

- Day 01 - Drive to Jiri
- Day 02 - Trek to Shivalaya (1810m)
- Day 03 - Bhandar (2250m)
- Day 04 - Sete (2520m)
- Day 05 - Junbesi (2580m)
- Day 06 - Nunthala (2200m)
- Day 07 - Bupsa (2500m)
- Day 08 - Surke (2290m)
- Day 09 - Phakding (2610m)
- Day 10 - Namche Bazaar (3440m)
- Day 11 - Acclimatization in Namche Bazaar (3440m)
- Day 12 - Tangboche (3860m)
- Day 13 - Dingboche (4410m)
- Day 14 - Chhikung (4730m)
- Day 15 - Lobuche (4910m)
- Day 16 - Trek to Everest Base Camp and back to Gorakshep(5140m)
- Day 17 - Trek to Kala Patthar (5545m) and back to Lobuche (4910m)
- Day 18 - Dzongla (4830m)
- Day 19 - Gokyo (4790m)
- Day 20 - Gokyo RI (5360m) overnight in Gokyo (4790m)
- Day 21 - Lungden (4380m)
- Day 22 - Thamo (3480m)
- Day 23 - Manjo (2835m)
- Day 24 - Lukla (2840m)

- Day 25 - Fly back to Kathmandu (1350m)

Cost Includes & Excludes
Includes

- Airport transfers in Nepal
- All relevant surface transfer
- All hotel accommodation with breakfast – can be arrange for you as Himalayan Sunrise has negotiated extra price in some cooperating hotels or you can book it individually
- All meals on trek
- All internal flights (with Goma Air, Tara/Yeti Air or Buddha Air), inclusive Airport Taxes and 15kg free luggage Permit, National Park Entrance/Conservation Fees, personnel insurance
- Quality service and trek equipment
- Oxymeter
- Oxygen Set

Excludes

- International flights
- Sightseeing with entrance fees, guide and vehicle – we can arrange for you comfortable day with experienced city guide
- Additional tours and meals that are not mentioned
- Beverages
- Personal bills
- Insurance (for cancellation, accident, health, emergency evacuation and loss, theft of or damage to baggage and personal effects)
- visas