EVEREST HIGH PASSES FROM JIRI

Trip Overview

The region on “top of the world”, Mt. Everest-Sagarmatha in Nepali and Chomolungma in Tibetan-is one of the most popular destination for trekkers, explorers and climbers. As well as the world’s highest mountain, it is also famous for its magnificent scenery, Sherpa villages, the fascinating cultural life of the people, and beautiful monasteries.

Treks in this area can be as short as 5 days or longer than a month depending on your fitness, interest and the time you have available. The treks to Everest Base Camp, Kala Patthar and Gokyo lake treks are very popular. For those people who are interested in the wildlife, a further attraction is Sagarmatha National Park. The route passes through spectacular forests of blooming rhododendron in March/ April, as well as forest of blue pine, fir and juniper.

Gallery

Trip Itinerary

- Day 01 - Drive to Jiri
- Day 02 - Trek to Shivalaya (1810m)
- Day 03 - Bhandar (2250m)
- Day 04 - Sete (2520m)
- Day 05 - Junbesi (2580m)

- Day 06 - Nunthala (2200m)
- Day 07 - Bupsa (2500m)
- Day 08 - Surke (2290m)
- Day 09 - Phakding (2610m)
- Day 11 - Acclimatization in Namche Bazaar (3440m)
- Day 12 - Tangboche (3860m)
- Day 13 - Dingboche (4410m)
- Day 14 - Chhikung (4730m)
- Day 15 - Lobuche (4910m)
- Day 16 - Trek to Everest Base Camp and back to Gorakshep (5140m)
- Day 17 - Hike to Kala Patthar (5545m), lunch in Gorakshep, and continue to Lobuche (4910m)
- Day 18 - Dzong La (4830m)
- Day 19 - Cross Cho La Pass (5400m) to Gokyo (4790m)
- Day 20 - Gokyo RI (5360m) overnight in Gokyo (4790m)
- Day 21 - Cross Renjo La Pass (5400m) to Lungden (4380m)
- Day 22 - Thamo (3480m)
- Day 23 - Manjo (2835m)
- Day 24 - Lukla (2840m)
- Day 25 - Early morning flight to Kathmandu (1350m)

Cost Includes & Excludes
Includes

- Airport transfers in Nepal
- All relevant surface transfer
- All hotel accommodation with breakfast – can be arrange for you as Himalayan Sunrise has negotiated extra price in some cooperating hotels or you can book it individually
- All meals on trek
- All internal flights (with Goma Air, Tara/Yeti Air or Buddha Air), inclusive Airport Taxes and 15kg free luggage Permit, National Park Entrance/Conservation Fees, personnel insurance
- Guide and porters on lodge trek
- 12 kg free luggage carried by porter
- Quality service and trek equipment
- Oxymeter
- Oxygen Set

Excludes

- International flights
- Sightseeing with entrance fees, guide and vehicle – we can arrange for you comfortable day with experienced city guide
- Additional tours and meals that are not mentioned
- Beverages
- Personal bills

- Visas
- Excess baggage charge (beyond 12 Kg each)
- Insurance (for cancellation, accident, health, emergency evacuation and loss, theft of or damage to baggage and personal effects)