

NAMO BUDDHA



Trip Overview

When you are tired from the city, you can go to Namu Buddha, it is a beautiful place, very quiet and pure. Its environment is very clean, with no pollution. You can enjoy snow-covered Himalayan ranges which look so amazing and pure. It is also the right place for meditation and practice. From the Buddhist point of view, Namu Buddha is one of the most important religious sites in Nepal.

It is possible to spend overnight in monastery (clean double room with attached bathroom) and you can join the morning and afternoon puja, join the “normal life” with little monks, eat with them the same simple food (Dal Bhat). It is nice experience not only for Buddhist, even all other can enjoy the mystic balanced atmosphere.

It is possible to come directly by car, driving takes 2-3 hours based on traffic in Kathmandu, or you can leave the car sooner and enjoy little walk through pine forest from village. Or in opposite, make one day trek next day, walk through villages from Namu Buddha to Dhulikel, finish with downhill from hinduist Kali Temple by “1000 steps”.